

Trudge!



FREEDOM CHURCH'S NEW
WALKING GROUP. COME
ALONG TO MAKE
FRIENDS AND STRETCH
YOUR LEGS!

Dates so far:

20/04

11/05

29/06

27/07

10/08

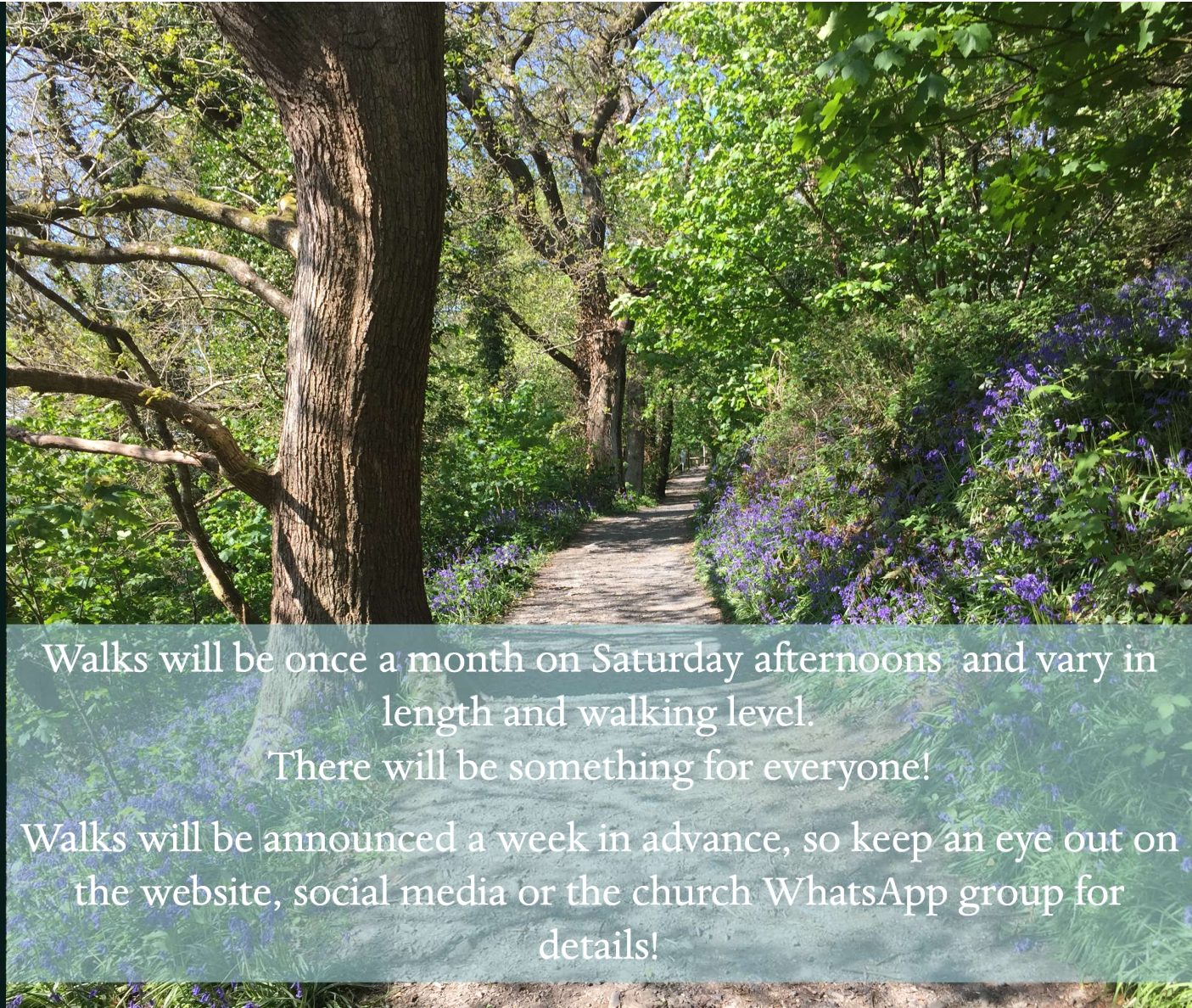
14/09



For more info contact

trudge@freedomchurch.wales

or chat with Dyfan Graves



Walks will be once a month on Saturday afternoons and vary in length and walking level.

There will be something for everyone!

Walks will be announced a week in advance, so keep an eye out on the website, social media or the church WhatsApp group for details!